

# JALC-TRI-FESTA

**LOGAN**  
FITNESS



## Saturday, May 25th, 2024 - 8:00 AM

**LOCATION:** John A. Logan College - Carterville, IL

**AWARDS:** Trophies for overall winners, heavy medals for 1st-3rd place in each age group and the team categories  
Age groups: 14 & Under, 15-19yrs, 20-24yrs, 25-29yrs, 30-34yrs, 35-39yrs, 40-44yrs, 45-49yrs, 50-54yrs, 55-59yrs, 60-64yrs, 65-69yrs, 70+yrs

**COST:** Individual = \$50, Team of 2 or 3 = \$100

**SIGN-UP:** **Online:** at [runsignup.com](http://runsignup.com) (online registration ends May 24th)  
**In-person:** at JALC Logan Fitness / check-in desk  
**Mail to:** John A. Logan College, 700 Logan College Road, Carterville, IL 62918, Attention: Gretchen Kohlhaas

**INFORMATION:** Call Kassi Teal at (618) 985-2828, ext. 8557

**REGISTRATION: 6:30AM**  
Tent in JALC Parking Lot

**PRE-RACE MEETING: 7:45AM**  
LF Pool Side

**AWARDS AND FOOD: Following Race**

**RACE ENDS: 12:00PM**

Full Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Full Address: \_\_\_\_\_  
\_\_\_\_\_ (As of 5/25/24) Month/Day/Year

E-Mail Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Category:  Individual Male  Individual Female  Para-Athlete  
 Team Male/Male  Team Female/Female  Team Co-Ed

T-shirt size:  SM  MD  LG  XL  XXL  3XL

*I hereby release John A. Logan College, all race officials, and workers involved, from responsibility for any damages or injuries incurred during or arising out of participation in the JALC Tri-Festa Triathlon and further state that I have trained for and am physically competent to participate in a race of this distance.*

Signed \_\_\_\_\_ Dated \_\_\_\_\_  
(participant or parent/guardian signature if under 18 years of age)

**JALC Tri-Festa registration must be recieved by May 9th for participant to be guaranteed a t-shirt. Please make checks payable to JALC.**

