



**What is Renew Active?** Renew Active is a health fitness program designed for adults 65+ that's included with many health insurance plans. It is the gold standard in Medicare fitness programs for body and mind. It includes: a free gym membership, access to our extensive, nationwide network - including many premium gyms and fitness locations, Fitbit Community for Renew Active - premium content which includes thousands of workout videos of all levels, guided programs, personalized insights, mindfulness and more. To access Fitbit Premium, members must first join the Online Fitbit Community for Renew Active.

**How do I know if I am eligible for Renew active?** You may call your health insurance provider and ask them if Renew Active is included in your specific health insurance plan. An insured member of an eligible UnitedHealthcare Medicare plan or one of its affiliate companies must present a confirmation code to a participating gym or fitness location for standard membership access at no additional cost. You may check your eligibility online at <https://partner.uhcrenewactive.com/home>.

**I am not eligible for Renew Active. Can I still use Logan Fitness?** Yes. We have many membership options for community members and also offer a senior citizen discount. Stop by our membership services office or call us at (618)985-2828 Ext. 8502 to get more information about annual, semester or monthly memberships.

**I am eligible! Now how do I utilize my benefits at Logan Fitness?** Once you verify that you are eligible for Renew Active, you will be given a letter/number confirmation code. Bring that code to the Logan Fitness staff and we will then be able to enroll you at our facility at no cost. You will be given a free scan card, which you will use to check in every time that you visit the facility. This is extremely important, as each visit you make results in a \$3 reimbursement to our facility from the Renew Active program. Your membership at Logan Fitness will include the fitness center during all facility hours and the aquatic center during open swim times.

RenewActive™  
by UnitedHealthcare

**Available here.**

**Stay fit, sharp  
and ready for  
what's next.**

**The fitness program  
for body and mind.**

