

# JALC '22 TRI-FESTA

LOGAN  
FITNESS



**Saturday, May 28th, 2022 - 8:00 AM**

**LOCATION:** John A. Logan College - Carterville, IL

**AWARDS:** Trophies for overall winners, heavy medals for 1st-3rd place in each age group, and 1st/2nd place in the team categories  
Age groups: 9-14yrs, 15-19yrs, 20-24yrs, 25-29yrs, 30-34yrs, 35-39yrs, 40-44yrs, 45-49yrs, 50-54yrs, 55-59yrs, 60+yrs

**COST:** Individual = \$50, Team of 2 or 3 = \$100

**SIGN-UP:** **Online:** at [runsignup.com](http://runsignup.com) (online registration ends May 12th)  
**In-person:** at JALC Logan Fitness / check-in desk  
**Mail to:** John A. Logan College, 700 Logan College Road, Carterville, IL 62918, Attention: Gretchen Kohlhaas

**INFORMATION:** Call Kassi Jones at (618) 985-2828, ext. 8557

**REGISTRATION: 6:30AM**  
Tent in JALC Parking Lot

**PRE-RACE MEETING:**  
7:45AM LF pool side

**AWARDS AND FOOD:**  
Following Race

**RACE ENDS:**  
12:00PM

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Full Address: \_\_\_\_\_

Day/Month/Year

E-Mail Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Category:  Individual Male  Individual Female  Para-Athlete  
 Team Male/Male  Team Female/Female  Team Co-Ed

T-shirt size:  SM  MD  LG  XL  XXL

*I hereby release John A. Logan College, all race officials, and workers involved, from responsibility for any damages or injuries incurred during or arising out of participation in the JALC Tri-Festa Triathlon and further state that I have trained for and am physically competent to participate in a race of this distance.*

Signed \_\_\_\_\_ Dated \_\_\_\_\_  
(participant or parent/guardian signature if under 18 years of age)

**JALC Tri-Festa Registration must be received by May 12th for participant to be guaranteed a t-shirt. Please make checks payable to JALC.**