

Foundations for a Diverse Community

- Communities are built through building relationships of trust and commitment.
- We are all doing the best we can (most of the time).
- We don't know all there is to know.
- Just because you are, doesn't mean you understand. Just because you're not, doesn't mean you don't understand.
- Oppression is pervasive and impacts us all.
- It is not our fault, but we must accept responsibility to create change.
- Conflict and discomfort are often a part of growth.
- Seek first to understand, then to be understood.
- Practice forgiveness and letting go.
- Self-work, healing and self-love are necessary for acceptance of others.
- Acknowledge, Appreciate, and Celebrate Progress.
- There are no quick fixes.
- Individuals and organizations DO grow and change. There is HOPE
- We're better together, and deeply connected soul to soul.

Developed by Jamie Washington, Ph.D., Washington Consulting Group, used with permission

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