# Community Education General Information Fall Semester Classes Begin September 7, 2021

# Registration begins August 23, 2021. Online Registration Preferred!

\*\*\*While John A. Logan College desires to continue to plan for more face to face classes, the safety of our community members in the midst of the COVID-19 pandemic is our highest goal. Community Education classes are being scheduled for Fall 2021, but will be cancelled or rescheduled if not in compliance with meeting restrictions in place when courses meet.

Effective Friday, August 20<sup>th</sup>, all faculty, staff, students and visitors must wear masks (face coverings) indoors while on campus, regardless of vaccination status. Vaccinated faculty and staff are permitted to remove their masks in their offices when they are not engaged with students or visitors, or, upon approval of all meeting attendees. The College highly recommends students and visitors wear masks (face coverings) while indoors on campus regardless of vaccination status.

- PAYMENT IS DUE AT THE TIME OF REGISTRATION.
- CLASSES MUST HAVE A MINIMUM OF 12 STUDENTS REGISTERED AND PAID 48 HOURS PRIOR TO START DATE, UNLESS OTHERWISE NOTED. NO WALK-IN REGISTRATIONS!

Non-Credit Refund Procedures Administrative Procedure 732 Refunds for non-credit classes, training, and events vary depending upon originating departments. Participants who fail to cancel enrollment during the designated drop period will not be eligible for a refund. Refunds for extenuating circumstances will be considered if made in writing to the administrator of the respective department below. CENTER FOR WORKFORCE DEVELOPMENT Refunds of 100% will be made for non-credit workforce and vendor-sponsored workforce training classes/events if cancellation is received two business days prior to the start date of the training. Participants should contact the Center for Workforce Development to cancel enrollment. COMMUNITY EDUCATION Refunds of 100% will be made for non-credit community education public service classes/events if cancellation is received two business days prior to the start date for classes meeting one or two sessions, or prior to the beginning of the third session for classes meeting three or more sessions. Students may cancel enrollment online through their Higher Reach account or by contacting the Community Education department. LOGAN FITNESS Refunds of 100% will be made for non-credit fitness classes if cancellation request is received prior to the beginning of the third-class session.

**Affirmative Action, Non-Discrimination of Disabled.** John A. Logan College is committed to equal access and equal opportunity for all students. Admission, financial aid, student employment, curriculum requirements, extra-curricular participation, counseling, placement service, athletic programs, or any other service or program of the college, shall be provided without regard to sex, race, color, religion, age, national origin, or disability when such college activity is consistent with the applicable laws and regulations.

The admission and retention, as well as services, programs, and activities for, students with identified disabilities will be in accordance with applicable laws and regulations.

*Insurance*. John A. Logan College does not provide accident insurance for any student registered in a community education class. Students wanting such coverage should make arrangements with their local insurance agent.

### Tell Us What You Want

→ Have an idea for a new course?

Are you looking for a class that you've seen before and now it's not there?

Interested in teaching a Community Education course?

 $\lower \Leftrightarrow$  Would you like to be put on our mailing list?

- Email Community Education with your thoughts by going to <a href="www.jalc.edu">www.jalc.edu</a>, click on View Community Courses, Community Education, and then choose Have an Idea or Suggestion.
- Or you can call us at (618) 985-2828, Ext. 8248.

\*While John A. Logan College desires to continue to plan for more face to face classes, the safety of our community members in the midst of the COVID-19 pandemic is our highest goal. Community Education classes are being scheduled for Fall 2021, but will be cancelled or rescheduled if not in compliance with meeting restrictions in place when courses meet.

#### **ARTS AND CRAFTS**

NEW COFFEE, CLAY AND CONVERSATION (PS 395). Class will include several projects, such as clay vases, mugs and wall art, as well as a multimedia canvas and ceramic art such as plates, bowls and mugs. Coffee and good conversation are always available in this class as well as artistic ideas for the home and garden. Come join us for a good time and a great creative outlet!

Sessions: 8, Fee: \$40.00, COM: \$55.00 payable to instructor first day of class.

Section No. 1: Herrin Fish Tales Pottery & Pets, 1021 S. Park Ave., Meets Wednesday beginning September 22 (Late Start), 10:00A-12:00P, Instructor: Linda Hooker



#### **CLASSES FOR KIDS**

AIR RIFLE SHOOTING (AGES 8-18 as of Sept. 1 of current year) (PS 449). This course is a partnership with Williamson County 4-H; a University of Illinois Extension program. Youth will learn firearm and range safety plus various shooting techniques. Upon successful participation in the club, youth may participate in additional shooting sports clubs next season. Supplies included with annual \$20 4-H enrollment fee. JALC has a separate \$5 course fee. Limited space available. Pre-registration required with 4-H at https://v2.4honline.com and

with JALC at <a href="https://www.jalc.edu/community-education/">https://www.jalc.edu/community-education/</a> Questions - Contact Ramona
Girtman; 4-H Program Coordinator at 618-993-3304 or <a href="mailto:girtman@illinois.edu">girtman@illinois.edu</a>.

Sessions: 6, Fee: \$5.00, COM: \$20.00 one-time 4-H annual fee payable to University of

Illinois Extension Service to join 4H Program.

Section No. 1: John A. Logan College Annex, 607 S. Greenbrier Rd., Room LA125, Meets Tuesday beginning September 14, 6:00P-7:00P, Instructor: Don Elliott

#### **COMPUTERS**

NEW TECHNOLOGY FOR OLDER BEGINNERS (PS 083). Technology is used in every facet of life because it can provide the speed, connectivity, and efficiency to make tasks easier. A lack of understanding of modern technologies and digital platforms should not be a barrier that keeps seniors from using new technology. Technology education can give older adults the skills and confidence necessary to access information and services. Overcome the feeling of insecurity by learning the terminology of modern technology to obtain the skills and confidence needed to access computers, smart phones, smart TV's, car systems, healthcare portals, etc. Please bring your own phone and laptop or tablet to class each day!

Sessions: 4, Fee: No Charge

Section No. 1: Carbondale, Carbondale Senior Center, 409 N. Springer Street, Meets Wednesday beginning September 8, 10:00A-11:00A, Instructor: Karen Gibson

Section No. 2: Herrin, Williamson County Program on Aging, 1201 Weaver Road, Meets Thursday beginning September 9, 10:00A-11:00A, Instructor: Karen Gibson



BALLROOM DANCING (BEG) (PS 157). Basic steps in the foxtrot, waltz, swing, rumba, chacha, tango, nightclub two-step and more. A different mix of dances will be offered each semester.

Sessions: 10, Fee: \$42.00

Section No. 1: Marion Training Center, 211 E. Boulevard, Meets Tuesday beginning September 7, 7:30P-9:00P, Instructor: Jeremiah Linson

Section No. 2: Carbondale, Parrish Grade School, Gym, 121 N. Parrish Lane, Meets Thursday beginning September 9, 6:00P-7:30P, Instructor: Jeremiah Linson

#### **BALLROOM DANCING (INTER/ADV) (PS 158).**

An expansion of PS 157, incorporating more technique, more figures, and new dances.

Sessions: 10, Fee: \$42.00

Section No. 1: Marion Training Center, 211 E. Boulevard, Meets Tuesday beginning September 7, 6:00P-7:30P, Instructor: Jeremiah Linson

Section No. 2: Carbondale, Parrish Grade School, Gym, 121 N. Parrish Lane, Meets Thursday beginning September 9, 7:30P-9:00P, Instructor: Jeremiah Linson



**LINE DANCING (PS 030).** Line dancing is a form of exercise with a wide range of physical and mental benefits. Each line dance is a sequence of steps in one direction and then repeat it in different directions. This course is for individuals and couples who want to learn and to have fun at the same time. Includes Two-Step, Tush Push, Electric Slide, Waltz, Cha-Cha, Swing and more. Dances are rotated in every semester; former students are welcome to come

back to learn new dances and brush up on old ones.

Sessions: 10, Fee: \$40.00

Section No. 1: Carbondale, Parrish Grade School, 121 N. Parrish Lane, Gym, Meets Wednesday beginning September 8, 6:30P-8:00P, Instructor: Katie Chu

#### **FIREARMS**

**ILLINOIS CONCEAL CARRY (8 HOUR)** (PS 900). If you meet the criteria listed on the Illinois State Police Website Firearms Section (www.isp.state.il.us) for "Prior Training Credits", proof of military service, such as your DD214, an NRA Basic Pistol Certificate or other qualifying "Prior Training Credits" must be presented at the class. If you have questions regarding your eligibility, please call Larry at 618-521-0249.

What you need to bring: Your Concealed Carry Handgun, a strong side, outside the waistband holster, a suitable belt to carry your equipment and 50 Rounds of practice ammunition. Eye and Ear Protection is mandatory. Dress for the weather. For the ladies low cut blouses or sandals are ladies, low cut blouses or sandals are discouraged because of the possibility of hot, airborne, expended cartridge cases from other shooters.

Sessions: 1, Fee: \$100.00, COM: Range fee of \$15.00 payable to instructor at the beginning of class.

Section No. 9A: West Frankfort, (Call 618-521-0249 or email at htttraining @outlook.com for maps and directions to training location). Meets Sunday September 12, 8:00A-5:00P, Instructor: Larry Morse

**ILLINOIS CONCEAL CARRY (16 HOURS)** (PS 913). Illinois Law requires Concealed Carry License Applicants to successfully complete 16 hours of classroom and range training. If you qualify for 8 hours of "Prior Training Credit" for having an Honorable Discharge from military service, successfully completing an NRA Basic Pistol class or other "Prior Training Credit" activities listed on the Illinois State Police website (<u>www.isp.state.il.us</u>), it's only necessary for you to attend 8 hours of instruction. Details are listed above in the CCW 8-hour class description. What you need to bring: Your concealed carry handgun, a strong side, outside the waistband holster, a suitable belt to carry your equipment and 50 rounds of practice ammunition. Eye and ear protection are mandatory. Dress for the weather. For the ladies, low cut blouses or sandals are discouraged because of the possibility of hot,

airborne, expended cartridge cases from other shooters.

Sessions: 2, Fee: \$150.00, COM: Range fee of \$15.00 payable to instructor at beginning of class.

Section No. 9A: West Frankfort, (Call 618-521-0249 or email at <a href="htttraining@outlook.com">htttraining@outlook.com</a> for maps and directions to training location), Meets Saturday/Sunday beginning September 11, 8:00A-5:00P, Instructor: Larry Morse

ILLINOIS CONCEAL CARRY- 3 HOUR RENEWAL (PS 499). This Renewal Course will cover Self Defense Law in Illinois, interactions with Law Enforcement and a host of other required topics. What you need to bring: Your Concealed Carry Handgun, a strong side, outside the waistband holster, a suitable belt to carry your equipment and 50 Rounds of practice ammunition. Eye and Ear Protection is mandatory. Dress for the weather. For the ladies, low cut blouses or sandals are discouraged because of the possibility of hot, airborne, expended cartridge cases from other shooters.

Sessions: 1, Fee: \$40.00, COM: Range fee of \$15.00 payable to instructor at beginning of class.

Section No. 1: John A. Logan College, Room H125, Meets Monday, October 11 **(Late Start)**, 9:00A-12:00P, Instructor: Vance Schmid

Section No. 2: John A. Logan College, Room H125, Meets Monday, November 8 (**Late Start**), 9:00A-12:00P, Instructor: Vance Schmid

Section No. 9A: West Frankfort, (Call 618-521-0249 or email at <a href="htttraining@outlook.com">htttraining@outlook.com</a> for maps and directions to training location), Meets Friday, September 10, 6:00P-9:00P, Instructor: Larry Morse

NRA BASIC PISTOL (PS 129). Prerequisite: Students must be Law-Abiding Citizens legally qualified to own firearms. Firearm Owner Identifications Cards (FOID) are not required to take this class, but students are strongly encouraged to apply for one. This course serves the needs of both new and experienced shooters. If you're thinking about purchasing a handgun for yourself or a family member and don't know what to buy, this class will address your questions. If you're uncomfortable around firearms and want to overcome your concerns, this is an opportunity to experience firearms safety instruction in a positive, non-threatening atmosphere. If you learned to shoot on your own or from a friend and just want to polish your technique, this class is for you. You'll experience one-on-one, top quality training from competent, experienced NRA Certified

instructors. What you need to bring: A notepad, pen, and a willingness to learn. Firearms, ammunition, eye and ear protection will be provided. Note: This class is limited to 12 people. Register today so you won't miss out!

Questions? Call Larry at 618-521-0249 or email htttraining@outlook.com.

Sessions: 6, Fee: \$70.00, COM: \$35.00 payable to instructor the at beginning of class.

Section No. 1: John A. Logan College, Room H125, Meets Monday beginning September 13, 6:00P-8:00P, Instructor: Larry Morse

SHOOT TO LIVE I (PS 339). This class is designed for the CCW License Holder who's serious about effectively defending himself and his family. If you want to enhance your skills beyond the minimum level provided by the typical CCW Class, the Shoot to Live series of courses will provide the training you need to effectively fight and prevail with your handgun should the need arise. Prerequisites: You must be 21 years of age, possess a valid CCW License or be a graduate of the NRA Basic Pistol Class. Important: This class is limited to 6 people to insure a small student to instructor ratio.

Questions? Call Larry at 618-521-0249 or email at <a href="httraining@outlook.com">htttraining@outlook.com</a> for further class details like what to bring and dress code.
Sessions: 6, Fee: \$100.00, COM: \$15.00 payable to instructor the at beginning of class.

Section No. 1: John A. Logan College, Room H123, (Call 618-521-0249 or email at <a href="htttraining@outlook.com">htttraining@outlook.com</a> for maps and directions to training location), Meets Tuesday, September 14, 6:00P-8:00P, Instructor: Larry Morse



**NEW ESSENTIALS OF RECREATIONAL** VEHICLES-RV101 (PS 084). No matter the type of RV you own or are dreaming of owning, this class applies to you. You will learn the basics of RV care and maintenance through easy to follow preventive maintenance checks that you can perform yourself. We will teach you how to save money and extend the life of your RV deep-cycle batteries with simple RV battery care and maintenance advice. You will be provided an RV-owners checklist to help you remember supplies, function checks, and periodic maintenance. You will learn campground basics beginning with finding the right campground, making the reservation, and picking the perfect campsite. Learning campground etiquette will allow you to get the most enjoyment out of your camping experience. We will discuss standard safety features of RVs and other topics concerning personal safety. As much as we don't want to see camping season end, you need to know how to protect your investment by properly winterizing and storing your RV. Sessions: 3, Fee: \$120.00 (Book Included)

Section No. 1: Marion, Black Diamond RV, 2405 Black Diamond Dr., Meets Saturday beginning September 25, 8:00A-12:00P, Instructor: William Ellis

#### **INVESTING IN REAL ESTATE 101 (PS 912)**

Karen Cupp is a seasoned real estate broker and investor who now coaches others on how to build their own successful real estate investing business. She incorporates life lessons and provides connections with other investors to bring you a class that is both fruitful and fun. Want to invest in real estate, but you do not know how to start? In this interactive 8-week class we will build knowledge, receive tools, and develop the confidence to act. Learn about strategy, how to find/access great deals, find funding and how to connect to the right people to help you achieve your dream. Sessions: 8, Fee: \$65.00, Book Fee: \$30.00 to be purchased from Instructor first day of class by cash or check.

Section No. 1: John A. Logan College, Room H123, Meets Monday, September 27 (Late Start), 6:00P-8:00P, Instructor: Karen Cupp

#### **VOICEOVERS – AN INTRODUCTION**

(PS 543). "Wow, you have a great voice!" Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, "I could do that!" Want to earn income using your talents from the comfort of your home? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices For All, in a one-on-one, personalized, video chat setting. Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. In this onetime, 90-minute, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery. Your instructor will take notes on your performance and create a professional voiceover evaluation delivered to you in a follow up call. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. Learn more: http://www.voicesforall.com/ooo 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding field! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Sessions: 1, Fee: \$49.00

Section No. 1: Live Video Chat. This course is done online. Scheduled Monday-Saturday beginning September 7, time will be scheduled per student availability, Instructor: Voices for All, LLC

DOG AGILITY TRAINING BEGINNER

(PS 690). All Dogs must be under handler control. 10 months or older (note: small dogs under 1 yr. and Lg dogs under 1 ½ yrs. cannot be jumped a lot, as their bones are not finished developing. Liability release req. to be signed. First class bring shot récords, dog, toys, lots of treats, water & bowl. All classes are held outside on grass, so dress appropriately. See web site for more required info – <a href="www.canineteamtraining.com">www.canineteamtraining.com</a> See map on web site under "Student Info". Dogs and Handlers will be introduced to the basics of agility handling and AKC (American Kennel Club) equipment. Many handlers find that their dogs build confidence, pay more attention to the handler and have lots of fun. Location: 204 Candlewood Dr., De Soto, IL- travel on private gravel road, 2nd house on left. Masks may be required along with a 6ft distance rule! Sessions: 6, Fee: \$85.00, COM: \$20.00 payable

to instructor first day of class.

Section No. 1: Desoto, 204 Candlewood Drive, travel on private gravel road, 2nd house on left. Meets Monday, beginning September 13, 5:30P-6:30P, Instructor: Carol Ely

DOG OBEDIENCE (for Home) BEGINNER LEVEL 1 (PS 400). Dog minimum 4 months old. We will cover basic commands, Home Obedience, handouts and demos. Positive training methods used. Continuous barking or aggressive dogs will not be allowed to stay in class. Handler may continue to attend classes without dog. Family member handling dog must be registered. Shot records due first night of class. Behavioral paperwork to be filled out in class. No dogs first Night. Masks may be required along with a 6ft distance rule!

Sessions: 6, Fee: \$85.00

Section No. 1: Murphysboro, National Guard Armory, 3702 New Erá Rd., Meets Tuesday, beginning September 21 (Late Start), 5:30P-7:00P, Instructor: Carol Ely



DOG SHOWHANDLING (PS 401). Prepares the student and their dog(s) for AKC and UKC conformation shows. No prerequisite for dogs or students. Beginners welcome. Masks inside the building will be required! (Shot records are due the first night of class.) Sessions: 6, Fee: \$85.00

Section No. 1: Murphysboro, National Guard Armory, 3702 New Era Rd., Meets Monday beginning September 20, 6:00P-7:00P, Instructor: Rodney Jone's

Section No. 2: Murphysboro, National Guard Armory, 3702 New Erá Rd., Meets Monday beginning November 1, 6:00P-7:00P, Instructor: Rodney Jones



**NOSE/SCENT WORK TRAINING BEGINNER 110 (PS 893).** This is a fun new activity/sport. Your dog will learn to find the flower essence odor of Birch and be rewarded for using their nose! This is a new activity that you can compete in, and earn titles and ribbons. Continuously barking or aggressive dogs will not be allowed to continue in class. If the dog cannot attend for any reason, the handler can attend and still apply methods of training at home. Vaccination and COM fee required 1st class. Lecture, demo, equipment use, Waiver and Registration will be done in first class. Face Mašks may be required along with a 6ft distance rule!

Sessions: 6, Fee: \$60.00, COM: \$10.00 payable to instructor first night of class.

Section No. 1: Murphysboro, National Guard Armory, 3702 New Erá Rd., Meets Tuesday beginning September 21, (Late Start), 7:30P-8:00P, Instructor: Carol Ely

**NOSE/SCENT WORK TRAINING NOVICE 115** (PS 916). Novice/Advanced is the next level for Scent Work Dogs. We begin to search areas rooms, boxes, vehicles and outside. This class will prepare you for a real Nose Work Trial. AKC Handler Discrimination, Buried Hides and the next 3 Flower Essence odors will be introduced in this class. Vaccination proof req., Waiver and Registration will be done in first class.

Face Masks may be required along with a 6ft distance rule!

Sessions: 6, Fee: \$85.00

Section No. 1: Murphysboro, National Guard Armory, 3702 New Era Rd., Meets Wednesday beginning September 22, (Late Start), 5:30P-6:30P, Instructor: Carol Ely

NOSE/SCENT WORK TRAINING ADVANCE 120 (PS 920). We search areas with challenges, unknown number of hides and harder distractions. This class will prepare you for a real Scent Work Trial. Introduction to AKC Detective searches. Vaccination proof req., Waiver and Registration will be done in first class. Face Masks may be required along with a 6ft distance rule! Sessions: 6, Fee: \$85.00

Section No. 1: Murphysboro, National Guard Armory, 3702 New Era Rd., Meets Wednesday beginning September 22, (**Late Start**), 6:30P-8:00P, Instructor: Carol Ely

#### **PHOTOGRAPHY**

NEW PHOTOGRAPHY USING IPADS AND CELL PHONES (PS 607). Learn basic digital photography and editing techniques using your cell phone or IPad. Learn how to shoot good photos both inside and outdoors in different lighting situations. You will find it fun to learn to take still images and learn basic video techniques. Learn how to share your pictures and how to use your camera to save images for informational purposes you may not have considered. Learn to fix a photo that did not turn out quite right and how to find photos you have already taken. We will try using filters and doing some special effects since your camera probably has features you did not know existed. This is a BEGINNING class and NOT for advanced students. Sessions: 6, Fee: \$30.00

Section No. 1: Alongi DuQuoin Extension Center, Room DQ5, Meets Tuesdays beginning September 14, 10:30A-12:30P, Instructor: Brenda Teaney



#### PHYSICAL EDUCATION

STRECHING AND STRENGTHENING WITH GENTLE YOGA (PS 427). This is a hybrid beginning yoga students. Over the ten weeks of sessions, students will learn diaphragmatic breathing, body and breath awareness, posture and spinal alignment, yoga poses to improve strength and flexibility, and relaxation to quiet the body, mind, and spirit. Many exercises and poses can be done while seated or adapted to those who are less flexible. Both men and women are welcome! Equipment needed for class: Yoga mat, two yoga blocks, yoga strap, 2-3lb hand weights, playground ball and some students may want to bring small pillows and a blanket.

Sessions: 10, Fee: \$25.00

Section No. 01: Murphysboro Youth Center, 1818 Walnut Street, Meets Wednesday beginning September 8, 5:30P-6:30P, Instructor: Martha Peebles

Section No. 9N: Willisville, St. Joseph Parrish Hall, 501 Broadway St., Meets Wednesday beginning September 8, 10:00A-11:00A,

Instructor: Martha Pebbles



# Students must attend both listed orientation days for the entire three hours to attend class. No exceptions.

#### John A. Logan College

Building H- Room H114 (Parking Lot B) Carterville, IL

#### Orientation dates September 9 and 13th from 8:30 am - 11:30 <u>am</u>

Classes meet M, T, W, TH 8:30 am - 11:30 am Orientation will not reoccur until October 6 & 7th

#### Orientation dates September 9 & 14th from 6:00 pm - 9:00 pm

Classes Meet T, W, Th 6:00 pm - 9:00 pm

Orientation will not reoccur until October 14 & 19th

#### **Murphysboro Youth Center**

1818 Walnut, Murphysboro, IL

#### Orientation dates September 28 & 29th from 12:30 pm - 3:30 pm

Classes meet T, W, Th 12:30 pm - 3:30 pm

Orientation will not reoccur until November 3 & 4th

#### **Alongi Du Quoin Extension Center**

Southtowne Shopping Center, Du Quoin IL

#### Orientation dates September 28 & 29th from 8:30 am - 11:30 am

Classes meet T, W, Th 8:30 am - 11:30 am Orientation will not reoccur until November 3 & 4th

#### Orientation dates September 7 & 8th from 6:00 pm - 9:00 pm

Classes Meet T, W, TH 6:00 pm - 9:00 pm

Orientation will not reoccur until October 12 & 13th

#### Online Registration completed at John A. Logan College

Building H- Room H114 (Parking Lot B) Carterville, IL

#### Orientation dates September 2nd from 8:30 am - 11:30 am

Orientation will not reoccur until October 7th

#### **Marion**

#### (Parking lot behind the Hub/door-north side)

Zion Church 930 W Cherry St Street (By the HUB) Marion, IL

#### Orientation dates September 16 & 21st dates 8:30 am - 11:30 am

Classes Meet T, W, Th 8:30 am - 11:30 am

Orientation will not reoccur until October 21 & 26th

#### Orientation dates September 15 & 16th from 6:00 pm - 9:00 pm

Classes Meet T, W, Th 6:00 pm - 9:00 pm

Orientation will not reoccur until October 20 & 21st

#### **Herrin House of Hope**

112 North 14th Street, Herrin, IL

#### Orientation dates September 21 & 22nd from 2:00 pm - 5:00pm

Classes Meet T,W,Th 2:00 pm - 5:00 pm

Orientation will not reoccur until October 26 & 27th

#### **West Frankfort Extension Center**

19 West Plaza, West Frankfort, IL

#### Orientation dates September 14 & 15th from 8:30 am - 11:30 pm

Classes Meet: T, W, Th 9:00 am - 12:00 pm

Orientation will not reoccur until October 19 & 20th

# Orientation dates September 14 & 15th from 1:30 pm- 4:30 pm Classes Meet: T, W, Th 9:00 am - 12:00 pm

Orientation will not reoccur until October 19 & 20th

#### Orientation dates September 15 & 16th from 6:00 pm- 9:00 pm

Classes Meet T, W, Th 1:30 pm - 4:30 pm

Orientation will not reoccur until October 20 & 21st

Do you need to improve your basic reading, writing or math skills? Do you need English as a second language instruction? The John A. Logan College Literacy Program provides free tutoring services to adults 17 years and older and not enrolled in school. Tutoring is private, confidential and takes place in your community. Trained volunteer tutors are here to help. Call Karla at 618-985-3741 ext. 8539

Call for more information: 618-985-3741 Extension 8566, 8901, or 8539

Visit us on the web http://www.jalc.edu/abse/abeged.php Like us on Facebook: John A. Logan College GED

Students 16 & 17 years of age must have release form from school, prior to **GED** registration.

John A. Logan College does not discriminate on the basis of race, religion, color, national origin, disability, age or gender orientation. Reasonable accommodations available upon request. Adult Basic Education is funded in part by the Illinois Community College Board Adult Education and Literacy. Federal funds in the amount of \$79,355 provide 31% of the support of this program. "GED<sub>®</sub> and the GED Testing Service<sub>®</sub> are registered trademarks of the American Council on Education<sub>®</sub> and may not be used or reproduced without the express written permission of the American Council on Education." 11/20/2020



# Center for Workforce Development Formerly Center for Business and Industry and Continuing Ed

Formerly Center for Business and Industry and Continuing Ed www.jalc.edu/cwd

- John A. Logan College's Center for Business and Industry was established in August 1992 and has recently been renamed the **Center for Workforce Development.** Offices remain located on the second floor of the Workforce Development and Construction Management Building (H Building).
- The Center for Workforce Development is dedicated to training unemployed, underemployed, and currently employed individuals who need to upgrade workplace skills so they can obtain, maintain, or upgrade employment.
- Training provided includes:
  - Short-term occupational classes to enhance workplace skills,
  - Safety training that meets OSHA guidelines,
  - Healthcare and CPR training,
  - o Professional development opportunities that award CEU's,
  - Customized training geared to the specific needs of an employer, and
  - Conferences, seminars, and workshops developed for area businesses,
     organizational groups, and governmental agencies dealing with workforce topics.
- The Center for Workforce Development is also home to the Highway Construction
   Careers Training Program (HCCTP), which is funded through the Illinois Department of
   Transportation. The HCCTP emphasizes life-long learning and provides opportunities to
   highway construction jobs for minorities, women and disadvantaged individuals.
- The Center has served as a regional training facility for Illinois Department of Corrections staff in the lower 32 counties since 1999.
- Check out the Center for Workforce Development webpage at www.jalc.edu/cwd.

The following are some examples of classes offered through the Center:

- CPR
- OSHA
- Real Estate
- Food Protection Manager
- Waste Water Operations
- MS Excel
- Pharmacy Technician Certification
- And many more...



# **Cybint Bootcamp**

Get the Skills. Land the Job.

The Cybint Bootcamp covers the hands-on and practical skills necessary for Bootcampers to land high-paying careers in cybersecurity, one of the world's fastest growing industries. The Cybint Bootcamp is an accelerated cybersecurity training program designed to successfully prepare people with little or no background in IT for entry level jobs in cybersecurity, a highly indemand and lucrative career path. The Bootcamp is delivered in a blended format at a Cybint Certified Center with both on campus learning and online self-paced activities.

Why Cybersecurity?

Cybersecurity is the fastest growing market in technology with 30x growth over the last decade.



97% Employment rate



Career-ready skills







Not only is it a hot topic, but the field has had 0% unemployment for nearly a decade. With plentiful opportunities and competitive compensation, the only thing standing in your way of a lucrative, future-proof career is skill.

# Who it's For

In short, the Cybint Bootcamp is for anyone interested in becoming a cybersecurity professional. If a dynamic and rewarding career is something you're looking for, then you've come to the right place. Cybersecurity opens doors to many opportunities and future work roles.



0% Unemployment rate since 2011



\$80,000 Average entry level salary



350% Cyber job growth through 2021

cybintsolutions.com







# How it Works

The Cybint Bootcamp was developed around military training methodologies and hands-on learning. We know that everyone learns differently which is why Cybint offers Bootcampers with two accelerated tracks:

- Full time, 3 months: 4 hours on-site with the Bootcamp Facilitator and 4 hours individual online work.
- Part time, 6 months: This will cover the same content, over a longer period of time and with onsite classes occurring only twice a week, 4 hours each day.

### **During Bootcamp**

- Self-paced and flexible learning with instant feedback
- Curriculum based on National Initiative for Cybersecurity Education (NICE)
- Access to Cybint Cyber Experts for Q&A
- Guidance on job searching and resume building

# **Upon Graduation**

- 12 months of continued access to Cybint's online learning platform
- Connection to our alumni and career network
- A new career in: Cyber Forensics
   Analyst, Network Operations

   Specialist, Cyber Analyst, Cyber Incident
   Responder, Cyber
   Infrastructure Support Specialist











#### WEEK 1

- Introduction to the Bootcamp
- Overview of the Cybersecurity Landscape and Industry
- Basics of Computer and Device Hardware, Software, Operating Systems and Processes
- Basics of Networking Traffic, Hardware Components and Topology
- Network Communication Principles and Methods

#### WEEK 3

- Hands-on Creation and Analysis of Telnet, Web,
   Data and Active Directory Servers
- Hands-on Analysis of Network Topologies,
   Network Mapping and OS Fingerprinting
- Telecommunication Concepts and Range
   System and Network Admin Concepts,
   Management Principles and Controls
- Hands-on Creation and Use of Virtual Machines and Bootable USB OS

#### WEEK 2

- Network and Routing Protocols / Services
- Packet Level Traffic Analysis
- Hands-on Operation of a Computer Network and Equipment, Monitoring and Analyzing Network Traffic Flow, Patterns and Performance
- Hands-on Creation and Analysis of Critical Network Servers.

#### WEEK 4

- Overview of Threats, Classes, Attackers, Tactics, and Application Security Risks (OWASP)
- Hands-on Communications Security through Encrypting and Decrypting Data and Medias
- Hands-on Backup and Recovery of Data,
   Devices and Servers
- Network Security Principles, Methods, Protocols, Components and Architectures

#### WEEK 5

- Hands-on Assessment of Access Controls and Hardening Techniques to Ensure a Network's Security
- Hands-on Configuration and Utilization of a Firewall (on Windows, Linux and Hardware Firewall)
- Hands-on Configuration and Utilization of a
  Network/Host Intrusion Detection/
  Prevention System to Alert and Prevent
  Malicious Activity on a Network

#### WEEK 7

- Cyber-Forensic Investigation Methodologies, Mindset, Tools
- Hands-on Forensics Investigation: Logs, System Files, Media, Memory Dump and Traffic Monitoring and Analysis

WEEK 9

#### WEEK 6

- Hands-on Configuration and Utilization of a Security Information and Event Management System to Correlate, Research, Analyze Logs and Provide Timely Detection of Misuse, Threats and Malicious Activity on the Network
- Hands-on Malware Detection, Analysis, Isolation and Removal

#### WEEK 8

- Overview of Network Vulnerabilities, Associated Attacks; Ethical Hacking Methodologies, Stages, Principles, Tools and Techniques
  - Hands-on Conducting of Vulnerability and Compliance Scanning; and Correction Recommendation
  - Hands-on Performing Incident Response, Damage Assessment, Incident Triage,
     Tracking and Reporting

**WEEK 10** 

**Cybint** is a global cyber skills company with a commitment to reskilling and upskilling in cybersecurity. We tackle the industry's two greatest threats: the workforce shortage and the skills gap. Our solutions were developed by a team of military cyber experts, industry professionals, and educators under the vision of cre ating a safer digital world through education, training, and collaboration.



 Full Day Scenarios: Hands-on Protecting a Network from a Range of Cyber-Attacks (DDoS, SQL Injection, XSS, Ransomware, MiTM, ARP Poisoning, etc.)

- Analysis of System Security and Organizational Posture Trends
- Analysis of Cyber-Defense Trends and Staying at the Cutting Edge of the Industry
- Performing of Security Design and Architecture Evaluation and Ensuing Recommendation

#### **WEEK 11**

- Hands-on Process of the Whole Chain of Custody for Handling Digital Evidence
- Hands-on Performing of Static and Dynamic Analysis of Drive Images and other Data Sources, Recovery and Mitigation/Remediation of an Enterprise System

#### **WEEK 12**

- Risk and Security Management Processes and Security Models
- Cybersecurity and Privacy Principles
- Advising on Disaster Recovery, Contingency and Continuity
- Summary and Presentation by Bootcampers
- Technical and Soft-Skill Preparation of a Job Interview
- Final Hands-on Scenario