

Physical Education Development/ Education Courses (PEDE)

PEDE 190 Introduction to Coaching

3 Hours

Prerequisites: None

3 hours weekly (0-3)

This course is designed to provide as much insight as possible into the coaching profession and to examine the many facets involved in the world of the coach. This is a course that will attempt to describe the nature of coaching, point out potential problem areas, offer some advice, and create discussion and debate for those who are about to enter the field and those who are already in it.

PEDE 191 Introduction to Physical Education

2 Hours

Prerequisites: None

2 hours weekly (2-0)

This course is designed to provide a sound knowledge of physical education, fitness, and sports in order to favorably influence the student's attitudes, habits, and practices pertaining to the responsibilities of the physical educator. This is a course mandatory for physical education majors, although anyone may take this class.

PEDE 192 Contemporary Physical Fitness

2 Hours

Prerequisites: None

2 hours weekly (2-0)

Fitness class is designed to acquaint college students of all ages with the nature and scope of establishing lifelong patterns of fitness. The student will receive the facts and principles that provide the basis for motivating people to resources, and assessment instruments will be used in developing an individualized, well-rounded physical fitness program.

PEDE 202 Physical Education for Children

3 Hours

Prerequisites: None

3 hours weekly (3-0)

This course is designed to develop skills and knowledge for organizing, incorporating, and assessing physical education progressions for children and youth. This course will consist of lectures, videos, class participation in demonstrations of teaching movement, teaching practice, and service learning.