



Join in on



Turkey Swim & Strut 2009

Track Your Laps & Use Coupons (honor system!)

Aquatic Lap Swimmers*/Users & Fitness Center Lap Walkers/Users

We tabulate 1, 5 or 10 laps for you or ...

We will count 30 minutes of Aquatic/Fitness Center Use = 10 laps

Entry: \$3 + drop off product donation to Aquatic Center
for JALC Thanksgiving Food Drive for Students
Accepting canned and boxed food items – no glass, please.

November 2 through November 14

- Throw \$3 in the pot (see Chris or Deana) + 1 food drive donation
- Walkers with the most laps/use after Saturday, November 14, **wins a turkey!!!**
- 2nd place will receive a **pie!**
- 3rd place will receive a **bag of gourmet rice!**
- Winners will be posted Monday, November 16

Deposit coupons in the turkey jar

1 Lap = 1 Coupon (10 & 5 lap coupons available)

*Swimmers - 1 lap = 2 lengths of the lap pool

Prize Pickup: Wednesday, November 18th