



***BACK BY POPULAR DEMAND!
BRING A FRIEND WEEK
NOVEMBER 30 – DECEMBER 5***

Swim with your spouse! Power walk with your parents! It's that time of the semester again.

The Community Health Education Complex will offer, "Bring a Friend," the week of November 30 – December 5. During this event, enrolled patrons of the Complex are encouraged to bring members of their family and friends with them to participate and enjoy the many features offered. There is no charge for guests to use the facility during this week.

Rules do apply:

- **Guests must be in the company of the enrolled patron while using the facilities;**
- **Should be 14 years or older to use the Fitness Center, and 12 years or older for the Aquatic Center;**
- **All rules and timeframes for the Complex will apply to guests, and it will be the patron's responsibility to advise them.**

For more information, please call ext. 8502.

Don't work out alone! It's twice as nice when you can partner with a pal.