

CCR&R Training Workshop Descriptions

Listed in Alphabetical Order

Name of Training	Description
ART FOR ECERS (EARLY CHILDHOOD ENVIRONMENT RATING SCALE)	<p>Individual expression? Free art? What are the authors of ECERS talking about? How can we set up our art areas so that children can create developmentally appropriate art? What types of art experiences can we offer to children ages 3, 4, and 5 beyond teacher directed art? Come and explore some ideas with us during this hands-on art workshop!</p> <p><i>This training is designed for professionals working with preschool children.</i></p>
BUILDING TEAM PARTNERSHIPS <i>Lunch is included!</i>	<p>This session addresses the <i>Five Dysfunctions of a Team</i>, as well as strategies for removing these barriers to enhance team performance. Participants will learn how to build a culture of success into their team.</p> <p><i>This training is designed for professionals who supervise other staff.</i></p>
CHALLENGING BEHAVIORS OF INFANTS AND TODDLERS	<p>In this interactive training we will define challenging behavior; identify reactions to these behaviors; recognize reasons teachers react the way they do; and explore appropriate ways to respond to challenging behaviors. Participants will be given examples of ways to handle situations as well as ideas to prevent situations from occurring in the first place.</p> <p><i>This training is Registry approved.</i> <i>This training is designed for professionals working with infants and toddlers.</i></p>
DIAPERING AND HANDWASHING	<p>This training will help participants gain knowledge of diapering procedures as well as, principles and procedures of handwashing per DCFS Regulations. Participants will learn about the cleaning, sanitizing & disinfecting process. General health and safety considerations will be taught through this session. The importance of a Written Handwashing Policy & Written Diaper Changing Policy in Child Care Centers will be reinforced.</p> <p><i>This training is Registry approved.</i> <i>This training is designed for professionals working with infants and toddlers.</i></p>
EARLY CHILDHOOD DEVELOPMENTAL SCREENING	<p>This training introduces the basics of developing a screening process for your program and how to make appropriate referrals to access services to meet the children’s needs. This training will also focus on using the Ages & Stages Questionnaire (ASQ) learning tool.</p> <p>This 8 hour training will earn 0.5 on your Gateways ECE Credential in the area of observation and assessment as well as 0.5 college credit through JALC.</p> <p><i>This training is Registry approved.</i> <i>This training would be great for all early childhood professionals.</i></p>
GET HOOKED ON SCIENCE!	<p><i>After-School Science Club:</i> Are you looking for a way to take science beyond the classroom window? “Science Guy” Jason Lindsey will show you how to plan a successful after-school science club that will inspire students to be inquisitive about the world around them and to develop a long-term interest in science.</p> <p><i>Family Science Night:</i> Family science nights are catching on all over the country as a way of bringing families together to learn about science. With a little planning you can have a successful family science night. “Science Guy” Jason Lindsey will show you how to plan an affordable family science night at your program.</p> <p><i>This training is designed for after-school staff, administrators and programs doing family nights.</i></p>
GET READY TO GARDEN	<p>A garden provides rich integrated learning and Spring is the time to get started. Participants will learn the steps needed to plan a garden with their students and how to decide if a container or traditional garden is right for you. Flower and vegetable gardens will be discussed.</p> <p><i>This training is for professionals working with toddlers through 8 years.</i></p>


Workshop Descriptions (cont'd)

GETTING READY FOR THE BAS (BUSINESS ADMINISTRATION SCALE)	<p>This training is for family child care practitioners and <i>provides an overview of the Business Administration Scale (BAS). The BAS measures the quality of business practices in the family child care setting. After completing this training, participants will be able to use the tool for program self-assessment and improvement planning.</i></p> <p><i>This training is designed for Family Child Care Providers.</i></p>
GETTING READY FOR THE PAS (PROGRAM ADMINISTRATION SCALE)	<p>This training is for center based program administrators and provides an overview of the Program Administration Scale (PAS). The PAS measures the quality of leadership and management practices of center-based programs. After completing this training, participants will be able to use the tool for program self-assessment and improvement planning.</p> <p><i>This training is designed for Center Administrators.</i></p>
GIFTS THAT LAST A LIFETIME	<p>What gifts can you give a young child that don't cost a dime and are never out of stock? Join Sharon Hesseltine, Infant Mental Health Specialist, for this informational presentation that will help you build a strong social emotional foundation for the lives of the children in your care. You will explore attachment patterns and understand how they impact development throughout life, learn the factors that influence healthy social/emotional development, and understand the importance of promoting secure and healthy relationships between you, the caregiver, and the young children in your life.</p> <p><i>This training is designed for professionals working with infants and toddlers.</i></p>
GROWING UP WILD PROJECT LEARNING TREE	<p>Participants will be trained on using both the Growing Up Wild and the Project Learning Tree curriculum. The curriculum encourages children to explore, discover, and communicate in expressive ways and provides an introduction to environmental education at a key developmental period in children's lives. It features field-tested, hands-on, nature-based experiences that engage children in outdoor play and exploration. All are correlated to the National Association for the Education of Young Children (NAEYC) Standards and the Head Start Domains. Includes group experiences, such as music and movement, and neighborhood walks; learning centers, such as math, manipulatives and art; reading connections; and family and friends. Each program will be given curriculum for both 'Growing up Wild' and 'Project Learning Tree' for use in their program.</p> <p><i>This training is designed for administrators or professionals working with children ages 3 – 8.</i></p>
HEALTHY LIFESTYLES	<p>How do we define a healthy lifestyle for children? Join Ann Holland, CCR&R nurse consultant, as she shares information and ideas that cover the basics of good nutrition, portion sizes, steps to creating a healthier environment for you and your children. Many eating habits are formed during early childhood and this information is intended to help you promote, encourage and provide healthy food, activities, and lifestyles so children can grow healthy and strong.</p> <p><i>This training is Registry approved.</i></p> <p><i>This training would be great for all early childhood professionals.</i></p>
HEARTSAVER PEDIATRIC FIRST AID AND CPR	<p><i>This training meets pre-service training requirements for professionals obtaining a family child care license as well as for those professionals renewing their certification.</i></p> <p>Upon successful completion of training, 6CNE100, providers will receive half (0.5) college credit & a Heartsaver Pediatric First Aid card. This training is offered monthly, calendar lists section #.</p> <p>JALC Continuing Education is in charge of registration for this training. See the instructions on the calendar for registering with JALC.</p> <p><i>This training would be great for all early childhood professionals.</i></p>

<p>INFANT / TODDLER LEARN AND PLAY GROUP</p>	<p>Center Staff and FCC Home Providers join Marilyn and meet your colleagues on a monthly basis to discuss issues relating to the care of infants and toddlers. You will have the opportunity to network, gain insight into the field, problem solve, brainstorm ideas to enhance quality of care in your program, create a hands-on project to take back to your center or home, and earn training hours. Each month features different curriculum depending on the time of year as well as focusing on a section of the Infant Toddler Environmental Rating Scale. Attending all five session (Jan. – May) will earn you 0.5 college credits through JALC. <i>This study group is designed for professionals working with infants and toddlers.</i></p>
<p>INTENTIONAL TEACHING & YOU</p>	<p><i>Strategies to enhance learning for all young children:</i> This session will provide background information about intentional teaching and guiding questions for its implementation. Strategies will be shared for promoting child and adult initiated activities along with environmental considerations and ways to provide adaptations to include young children with diverse learning needs. <i>This training is designed for professionals working with preschool children.</i></p>
<p>INTRODUCTION TO THE ENVIRONMENT RATING SCALES (ERS):</p>	<p><i>A provider must attend this session prior to applying to QRS.</i> After completion of this training, child care practitioners will have knowledge of the ERS; be able to use tool(s) for self-assessment of program(s) and/or hire a consultant to use tool(s) for assessment; be able to use ERS results to plan program improvements; be aware of ERS linkages to national accreditation processes, Illinois Early Learning Standards (IELS) and the Illinois Department of Human Services (IDHS) Quality Rating System (QRS). <i>This training is Registry approved.</i> <i>This training would be great for all early childhood professionals.</i></p>
<p>KID'S KITCHEN</p>	<p>In this workshop you will learn to discover the hidden chef in your school-age children as they use food to do science experiments (some of which are edible). You will learn about the basic biological, chemical, and environmental science of food. Discussions will include what makes up a healthy child, diet, exercise, emotional health and protecting one's body. You will prepare several simple, but healthy recipes for snacks, meals and treats. Summer exercise tips will be included. <i>This training is designed for after-school staff.</i></p>
<p>LEADERSHIP BOOT CAMP <i>Unleashing Your Leadership Potential</i></p>	<p>Transform your leadership by learning skills and concepts that separate the exceptional from the mediocre. At <i>Leadership Boot camp: Unleashing Your Leadership Potential</i>, you will:</p> <ul style="list-style-type: none"> · Discover your own natural leadership traits · Learn the importance of continual personal and professional development · Determine ways to “live your leadership” in all aspects of your life <p>Being a great leader takes skill, practice, and a willingness to be a life-long learner. Leadership is about taking responsibility; not only for those who follow, but for your own personal and professional growth. Leaders must learn to build on strengths and compensate for weaknesses, live out your leadership in ways that strengthen the followers and role model for other leaders. <i>This training would be great for all early childhood professionals, parents or community members.</i></p> <p><i>Lunch is included!</i></p>
<p>LIVEN UP YOUR LEARNING CENTERS</p>	<p>A series of workshop for early childhood teachers: <i>Liven Up Your Science Center, Liven Up Your Math Center and Liven Up Your Music Center</i> Come to these workshops and learn how to create a fantastic, phenomenal and fun learning environment. <i>This training is designed for professionals working with preschool children.</i></p>
<p>MATH ALL AROUND</p>	<p>This workshop will teach you how to extend math into all of your learning activities and centers while meeting the math/number guidelines in the ECERS. <i>This training is designed for professionals working with preschool children.</i></p>

Workshop Descriptions (cont'd)

<p>OUR ENVIRONMENT AND OUR EARTH</p>	<p>In this workshop you will experience activities, games and lesson plans that will help teach school-age children to appreciate and preserve their environment. From <i>Reduce-Reuse-Recycle-Refuse</i> to learning the effects humans have on the earth, this session will help you teach children the little things they can do to make a big difference. This session will focus on living organisms and earth. Discussions will include animals, plants, the environments in which they live, and us as living things. Other topics will include gardening and farming as well as craft activities about insects and animals. <i>This training is designed for after-school staff.</i></p>
<p>PREVENTING DISCIPLINE PROBLEMS , Session 1</p>	<p>GUIDANCE AND DISCIPLINE SERIES - SESSION 1: <i>Building a Prevention Strategy</i> Focus will be on developing a program of behavior management based on prevention of discipline problems rather than remediation. Videos and practice exercises will be utilized to develop practical application. Discussion will be encouraged. <i>This training would be great for all early childhood professionals.</i></p>
<p>PREVENTING DISCIPLINE PROBLEMS Session 2</p>	<p>GUIDANCE AND DISCIPLINE SERIES - SESSION 2: <i>Supporting Transitions</i> Both teachers and children often have difficulty with transitions. Three techniques that help every child manage transitions more easily will be included through videos, practice exercises and group discussion. <i>This training would be great for all early childhood professionals.</i></p>
<p>PREVENTING DISCIPLINE PROBLEMS Session 3</p>	<p>GUIDANCE AND DISCIPLINE SERIES - SESSION 3: <i>Nurturing Responsible Behavior</i> This session illustrates that there are times when teachers have to step in and take control. It also shows many situations that can be turned over to children. Again, through videos, practice exercises and group discussion participants will learn how to shift responsibility to children which, in turn, can give children opportunities to develop critical skills. <i>This training would be great for all early childhood professionals.</i></p>
<p>PROGRAM FOR INFANTS AND TODDLER CARE (PITC Modules 1 – 4)</p>	<p>This training series is designed to help child care managers and infant/toddler care teachers become sensitive to infants' cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals. <i>This training series is Registry approved.</i> <i>This series is designed for professionals working with infants and toddlers.</i></p>
<p>(PITC) Module 1</p>	<p>GUIDANCE AND DISCIPLINE AND BEHAVIORS, OH MY! Module 1 focuses on social-emotional growth and socialization. Guidance and discipline, understanding children's behavior, temperament and social emotional milestones are the topics covered in these sessions. This 8 hour training will earn 0.5 on your Gateways Infant Toddler Credential as well as 0.5 college credits through JALC.</p>
<p>(PITC) Module 2</p>	<p>GREAT PLACES FOR INFANTS AND TODDLERS...Module 2 focuses on the philosophical foundations of caring for infants and toddlers. Environments, routines, small groups, individualized care, primary care giving and continuity of care are topics covered in these sessions. This 8 hour training will earn 0.5 on your Gateways Infant Toddler Credential as well as 0.5 college credits through JALC.</p>
<p>(PITC) Module 3</p>	<p>TEACHING AND DISCOVERING WITH INFANTS AND TODDLERS ...Module 3 focuses on early learning and appropriate curriculum planning for infants and toddlers. Brain Development, Discoveries of Infancy, Language Development and Special Needs are the topics covered. This 8 hour training will earn 0.5 on your Gateways Infant Toddler Credential as well as 0.5 college credits through JALC.</p>
<p>(PITC) Module 4</p>	<p>BUILDING FAMILY PARTNERSHIPS...Module 4 focuses on culture, family, and providers. Harmonizing cultural diversity for sensitive infant care; responding to families in culturally sensitive ways; protective urges; and acknowledge/ask/adapt are topics covered. This 8 hour training will earn 0.5 on your Gateways Infant Toddler Credential as well as 0.5 college credits through JALC.</p>

<p>QRS ORIENTATION</p>	<p><i>A provider must attend this session prior to applying to QRS.</i> Quality matters in child care. Learn about the statewide Quality Rating System (QRS) that recognizes family child care and center based providers for quality with QRS award certification. Providers serving children on the state Child Care Assistance Program (CCAP) can also receive a bonus to the standard payment rate. The Orientation covers eligibility requirements, application process, with supports and resources available. <i>This training is designed for Center based Administrators and Family Child Care Providers.</i></p>
<p>READING INTO MATH</p>	<p>Turn your favorite children’s books into fun games and activities that strengthen children’s math skills. <i>This training is designed for professionals working with toddlers and preschool children.</i></p>
<p>RECOGNIZING AUTISM SPECTRUM DISORDERS IN INFANTS, TODDLERS & PRESCHOOL AGE CHILDREN</p>	<p>Participants will learn to recognize characteristics/warning signs of Autism Spectrum Disorders(ASD's) in infants, toddlers and preschool age children. Participants will learn where/how to refer children they suspect might have ASD's. <i>This training would be good for all early childhood professionals.</i></p>
<p>SHAKEN BABY SYNDROME</p>	<p>This training provides education on the dangers of shaking an infant. Discussion will include how a baby’s brain is injured and how these injuries can affect learning, emotions, and physical disabilities and may result in death. The SBS simulator is used to increase awareness of these injuries and further discussions will include how to cope with a crying baby. <i>This training is designed for anyone who cares for infants.</i></p>
<p>SPECIAL CARE INCLUSION</p>	<p>This training provides information on caring for children with special needs in typical child care settings. The training helps increase the knowledge and comfort level of participants to enhance their ability to care for children with special needs/disabilities/abilities. This training will earn 0.5 in Human Growth and Development for the Gateways Credential as well as 0.5 college credits through JALC. This training is Registry approved. <i>This training would be great for all early childhood professionals.</i></p>
<p>STRENGTHENING FAMILIES PROTECTIVE FACTORS</p>	<p>Providers will be introduced to and trained on how to reduce child abuse and neglect by fostering six protective factors that help build strong families: social support, concrete support for families in times of need, parents’ knowledge of child development, parental resiliency, socio-emotional well-being in children, and the parent-child relationship. This training is a unique professional development experience designed to actively engage participants. It will motivate participants by helping them make connections between the content, their work & life experiences. <i>This training would be great for all early childhood professionals.</i></p>
<p>SUMMER PROGRAM PLANNING</p> 	<p><i>Secrets to Success! Are YOU Ready?</i> This interactive workshop will focus on the basic elements of operating a high quality summer after school program. We will discuss and brainstorm in the following areas: Marketing, Staff Recruitment, Summer Handbook, Safety, Programming, Evaluation and Program Celebration!! Please bring your creative and open minds as we will have fun piecing together our summer programs for children and youth! <i>This training is designed for administrative staff and professionals working with school-age children.</i></p>
<p>THOSE RASCALLY BOYS!</p>	<p><i>Brain Research Relating to Meeting Their Educational and Emotional Needs</i> Brain research shows us boys learn differently than girls. Teacher expectations of how boys operate can make all the difference in the classroom experience. Participants will learn differences in brain “wiring” and strategies for positive outcomes for boys. <i>This training would be great for all early childhood professionals.</i></p>
<p>WATER SAFETY</p>	<p>This 1-hour training conducted by an American Red Cross lifeguard instructor provides water safety guidelines to childcare providers. This training includes principles of injury and drowning prevention in child populations, an overview of current water safety regulations, behavior identification and the instinctive drowning response, elements of supervision and water surveillance, facility and pool environment overview, non-lifeguard assistance and response to</p>

	<p>water emergencies, and a water safety comprehension quiz. This certificate is good for 2 years.</p> <p><i>This training is MANDATORY for all early childhood professionals who will be supervising children while they swim or play in wading pools.</i></p>
<p>WE DIG DIRT! WE DIG DEEPER!</p>	<p><i>Strategies for Supporting Infants & Toddlers in Outdoor Classrooms</i></p> <p>Participants will discover effective ways to facilitate meaningful infant and toddler learning experiences in well-designed outdoor spaces. Practical strategies for addressing some of the challenges of working with very young children outdoors, and ideas for helping infants and toddlers grow up with a sense of wonder will be shared.</p> <p>During WE DIG DEEPER!, content will focus on planning indoor and outdoor environments for infants and toddlers, and exploring the Look-Move-Build-Sketch model which helps you make deeper connections with the natural world and create multi-faceted art experiences.</p> <p><i>This training is designed for professionals working with infants and toddlers.</i></p>