

Southern Illinois Meth and other Drugs Awareness Conference 2009 Breakout Session Descriptions

Advances in Medical Detoxification

Dr. Alex Stalcup of New Leaf Treatment Center, Lafayette, CA, will present the latest information on effective medical detoxification for those addicted to Methamphetamine as well as other emerging drugs of abuse.

Alcohol, Drugs, and Aging: A 21st Century Challenge

This session will focus on the immediate and long term challenge of substance misuse, abuse, and dependence among older adults. Participants will become familiar with current trends as well as strategies for providing effective interventions utilizing multi-systemic intervention strategies.

Amazing Outcomes in Prevention

Prevention is no longer about "getting through" to kids. Instead, come hear about the bold innovative approaches in prevention that have led to incredible reductions in alcohol, marijuana and tobacco use and binge drinking right here in southern Illinois.

Balance & Restorative Justice -- The Basics – Philosophy, Principles, Practices, and Implementation (Part 1)

This workshop provides a basic BARJ 101 orientation defining the philosophy, principles and practices of Balanced and Restorative Justice (BARJ). It explores the role of restorative justice practices in preventing drug use in schools; addressing truancy; and as a crime prevention and diversion tool.

Balance & Restorative Justice – The Illinois Second Judicial Circuit-wide Initiative (Part 2)

Collaboration with communities has produced different restorative justice practices in very different Illinois communities and in particularly the Illinois Second Judicial Circuit. Learn about how the Illinois Second Judicial Circuit Court Services and the 2nd Circuit Juvenile Justice Council has implemented BARJ philosophy, principles, and practices throughout the circuit and how they continue to develop, enhance and improve their vision of a restorative community.

BASIC—Building Asset Strong Involves Communities

Learn about this prevention partnership that is working to rebuild stronger communities to keep kids drug-free and healthy.

Basics of Starting a Celebrate Recovery Program

During the last two conferences we have offered workshops on faith-based alternatives in which we received positive participant feedback. This year we are happy to offer a workshop on the successful "Celebrate Recovery" Christian based program. This workshop will cover how the group was started, facilitation information and provide information for attendees who may be interested in starting the program in their community.

Communities Taking Charge

Every month across the state ex-offenders are returning to communities, with the goal of becoming productive citizens. A Community Support Advisory Council (CSAC) is an innovation program whose goal is to work with the Department of Corrections, the community and the ex-offender to assist the ex-offender in becoming a productive member of society. This presentation will discuss how the program came into existence and how it might help your community.

Corrections and Community Re-Entry Offender Accountability and Public Safety: A Parole Perspective

95% of all state prisoners will be released at some point and many will be going to your community. 2/3 of offenders will be back behind bars within 3 years. Remember most offenders read at a sixth grade level, 75% have been incarcerated before and 2/3 report drug use prior to incarceration. We have a lot of work to do and we need to do it together. It all starts right here, today.

Drug Courts: Colorado's alternative to prison

Do you want to save money and lives?? Who benefits from this program, what are the advantages, when is it appropriate and is the time spent worth the effort? These are some of the questions that will be answered in this session on how one county in Colorado creatively implemented a drug court.

Effects of Meth and Other Drugs on Children

Over one million children in this country per year are delivered to women who have used methamphetamine, alcohol or other drugs during pregnancy. This session will focus on the structural and functional changes that occur in the fetal brain due to prenatal exposure to maternal substances of abuse and how those changes affect the child's long term behavior and learning.

Family Systems & Wraparound Treatment

Dr. Stalcup of New Leaf Treatment Center, Lafayette, CA will present a model for family assessment and how to develop wraparound services to assist the families of those in recovery from addiction.

Grandparents Raising Grandchildren: A Family Perspective

This session will address the issues family members (grandparent's & youth) face concerning the "parents" inappropriate behaviors, attitudes and actions. Focus will include how the grandparent can help their grandchild with their feelings as well as help themselves.

Grandparents Raising Grandchildren: A State Perspective

Through this program, the Department provides funding for support groups, assists relatives with emergency needs and advocates on their behalf. The Department also provides training and resources for professionals working with kinship families.

Marijuana and the Brain

Although many people believe marijuana is harmless, SPECT (Single Photon Emission Computerized Tomography) scans reveal that marijuana user's show diminished activity in the entire brain with memory, temper control and learning. Even after a chronic user stops smoking, that person still shows significant problems with memory, reaction time and manual dexterity. SPECT allows us to observe blood flow in the brain and indirectly, brain activity. Using these images, physicians have been able to correlate certain patterns of brain activity with certain psychiatric, substance abuse and neurological illnesses and diagnoses.

Matrix of Hope: Meth Specific Outcomes

Researchers will discuss program evaluation design and implementation strategies during a review of outcomes achieved by the Matrix of Hope Project from 2006-2009. Goals of the session will include: 1) examination of why/how the Matrix of Hope program has achieved its objectives; 2) discussion of how this program evaluation model can be replicated by providers in Southern Illinois; and 3) interactive discussion on "evaluation problem solving" for session participants.

Meth 101—Meth Awareness and Identification

This session provides an overview about meth including the history, how meth is made and its devastating consequences on society.

Methamphetamine and High Risk Sexual Behavior

In many clients who are dependent on methamphetamine, the drug and sex are bound together. This association can lead to compulsive sexual behavior and the development of a “synergistic addiction”. Engagement in high-risk sexual behavior and/or criminal sexual offenses is also a possible outcome of this behavioral association. In this workshop, the presenter will provide participants with an overview of the meth-sex connection and also describe the risky and harmful behaviors that can be an outgrowth of this association.

Methamphetamine Treatment in a Correctional Environment

This will be a panel discussion that will provide an overview of the CEC/CiviGenics Therapeutic Community Program at Southwestern Illinois Correctional Center, specifically focusing on the Methamphetamine Program component. Collaborative efforts required between the Illinois Department of Corrections and CEC/CiviGenics to ensure the highest quality program feasible.

Neurobiology of the Drug Addicted Caregiver: How drugs and the rewiring of the brain come into play in child abuse and domestic violence.

Until recently, mental health professionals believed that abuse during childhood resulted in adults with arrested psychosocial development and self-defeating defense mechanisms. New brain imaging surveys and other experiments have shown that child abuse – including physical, emotional, and sexual abuse as well as neglect – can cause permanent damage to the neural structure and the functioning of the developing brain. These grim results suggest that much more effort must be made to prevent childhood abuse and neglect before it does irrevocable harm to millions of young victims. Approaches to treatment research and therapy must change in response to new research findings. The neurobiology of antisocial behavior resulting from childhood abuse and neglect appears to play prominent roles in generating this kind of interpersonal dysfunction.

Opiate Dependency and Medication Assisted Treatment

This presentation will focus on the medications available for the treatment of opiate dependence and specifically the use of Buprenorphine in conjunction with behavioral therapies. The presenter will walk through the design and implementation of an ambulatory detox program that has been treating opiate dependence on an outpatient basis in Peoria, IL. The presenter will also talk briefly about the use of medication in the treatment of alcohol dependence.

Prescription Drug Abuse: From the Home to the Streets

Tom “Mac” McNamara and Andy Greer provide a multi-disciplinary overview of the growing problem of the misuse of prescription drugs. This presentation combines the experience and viewpoints of both a long time drug enforcement officer and a substance abuse professional who works with juveniles and adults in recovery. Mac will also provide information about how to identify the various types of prescription medication being abused.

Rural Case Management with the Methamphetamine Client

The focus of the presentation will be on case management in a rural environment. Challenges and solutions often vary for both the client and the community as ex-offenders attempt to re-enter society. The discussion will touch on the use of strength assessment and behavioral contracting, as well as the need for ongoing problem solving.

SBIRT: Screening, Brief Intervention, Referral and Treatment

This session will focus on introducing participants to the SBIRT model and familiarizing them with its utility for linking various service systems/providers together to provide more effective/appropriate substance abuse treatment services.

Smile, It's "Meth Mouth" Awareness

Classic signs and symptoms of a "typical meth mouth" will be discussed. Information provided will help to immediately identify, articulate, and recommend dental treatment for current or recovering meth addicts. Description and characteristics of methamphetamine users with basic information regarding, short-term and long-term signs will be identified to understand the dental profile of a typical user and why the resulting dental effects occur. Signs, symptoms, and photographs will be reviewed. The following conditions will be discussed: xerostomia, decay, periodontal disease, erosion, crazing, and bruxism.

Southern Illinois Coalitions Round Table Discussion

This session will be a round table discussion with representatives of the various anti-meth/anti-drug coalitions in the southern Illinois area. It will be an excellent chance to network with similar organizations. Topics to be covered are: getting started, building and sustaining membership, funding, working together, and where do we go from here? Moderated by Williamson County Coalition Against Meth Abuse member Randy Davis, and Alliance Against Meth Abuse and other Drugs, Inc. President Jeff Watkins.

TASC, Inc. Recovery Coach Program

The Recovery Coach Program is a cooperative effort between DCFS and TASC. The goal of the program is to reduce the amount of time children spend in foster care due to reunification with parents that have addressed their substance abuse issues and are able to resume an active parenting role. The program is a community-based intensive case management model that uses best practice principles for client engagement, retention, and ultimately client recovery.

Urban Myths and New Trends

This session will present the latest information on drug abuse in our region while dispelling some of the myths that have circulated, such as "Strawberry Meth". Participants will have a chance to ask questions and get the facts on current drug abuse.