

## *Cosmetology (COS)*

### **COS 101 Cosmetology Theory I**

6 Hours

Prerequisites: None  
6 hours weekly (6-0)

This course is a study of professional ethics, personal hygiene and grooming, visual poise, and personality development for application in our daily relationships with others. The study of bacteriology, decontamination, and infection control for application of safe and necessary disinfection methods is emphasized. Also included is the study of hair, skin, and their disorders for use in chemical and physical applications. The basic introduction of anatomy and physiology to be applied in specific skill areas will also be emphasized.

### **COS 102 Cosmetology Theory II**

5 Hours

Prerequisites: COS 101  
5 hours weekly (5-0)

The cosmetology program is designed to give students thorough training in the arts, skills, and applied science that deals with the adornment of the hair, skin, and nails. This course is designed to provide the students with a study of basic principles of salon management, nail disorders, preparing a resume, and provide the students with a study of basic principles of electricity and light therapy as applied to beauty science, Illinois law, and chemistry as applied to cosmetics.

### **COS 103 Nail Technology Theory**

3 Hours

Prerequisites: Concurrent enrollment in COS 115, 116, and 117  
3 hours weekly (3-0)

This course is a study in salon conduct, professional ethics, and the correct image a nail technician should project for a successful career. This course also emphasizes the study of bacteria and other agents and utilizing sanitation and disinfection for control over spreading infections. The introduction of nail product chemistry and safety in the salon for proper handling, and use of, and disposal of, hazardous materials are included. A basic introduction to anatomy and physiology, nail and nail disorders, and a study of skin and skin disorders are also included.

### **COS 111 Cosmetology Lab I**

10 Hours

Prerequisites: None  
30 hours weekly (0-30)

This course includes demonstrations and lectures by instructors with student participation and application of beauty services which include fingerwaving, hairstyling, application of permanent waving, hair coloring, superfluous hair removal, basic make-up application, and demonstrates how to achieve basic skill areas in shampooing, draping, brushing, thermal waving, blow drying, and hair shaping. Students will exchange beauty services on each other and will perform beauty skills on patrons in the clinic laboratory. Each student is responsible for sanitation duties to be performed in the clinic as required by the Department of Professional Regulation, State of Illinois.

### **COS 112 Cosmetology Lab II**

11 Hours

Prerequisites: COS 111  
33 hours weekly (0-33)

This course is a continuation of hairstyling, chemistry and application of permanent waving, chemical hair relaxing and hair transformations and includes review and practice of skill areas taught in Cosmetology III with demonstration and lectures by instructors. Students will participate and demonstrate skills learned through performance by exchanging services on each other and patrons in the clinical laboratory. Each student is responsible for sanitation duties to be practiced in the clinic laboratory as required by the Department of Professional Regulation, State of Illinois.

### **COS 113 Cosmetology Lab III**

3 Hours

Prerequisites: COS 101, 111, and 115  
9 hours weekly (0-9)

This course is a review and practice of skill areas taught in previous courses through demonstrations and lectures taught by an instructor. Students will practice skills on each other, mannequins, and clients during laboratory time. Each student is responsible for sanitation duties to be practiced in the laboratory as required by the Department of Professional Regulation, State of Illinois.

**COS 114 Cosmetology Internship Program**

2 Hours

Prerequisites: COS 101, 111, 115 and 750 clock hrs.

10 hours weekly (0-10)

This course is designed to be an extended salon experience, a supplemental, off-campus, on-the-job experience for qualified students.

**COS 115 Cosmetology-Related Lab**

1 Hour

Prerequisites: Concurrent enrollment with Cosmetology 101 and 111 or enrollment in Nail Technician Program

3 hours weekly (0-3)

This course is designed for those enrolled in both Cosmetology 111 and nail technology. It will include manicuring, pedicuring, theory of massage, and nail art.

**COS 116 Cosmetology-Related Lab**

.5 Hours

Prerequisites: COS 115, 117 and 175 clock hours.  
2.5 hours weekly (0-2.5)

This course is designed to be an extended salon experience that is a supplemental, off-campus, on-the-job experience for qualified students.

**COS 117 Nail Technician**

5 Hours

Prerequisites: Concurrent enrollment in COS 115, 116

15 hours weekly (0-15)

This course is designed to train the student in concepts, procedures, application, product knowledge, and theory of nail technology. This will prepare students for the state board examination, as well as make them employable.

**COS 250 Instructional Strategies**

5 Hours

Prerequisites: Valid Illinois Cosmetology License with two years experience within last five years.

11 hours weekly (2-9)

This course is designed to teach the students various methods of instruction. Teachers should possess an array of teaching strategies in order to meet the widely varying learning styles, interests, and abilities of their students. By providing a variety

of teaching methods that are suited to the goals of instruction and the needs of students, the cosmetology teacher will be highly productive and experience satisfaction in the teaching role.

This course will also provide guidelines and strategies for planning, implementing, and maintaining an effective behavior management system in the classroom. The foundation of any behavior management system consists of the behavioral expectations that set the standards for appropriate conduct in the classroom. These expectations are reflected in the teacher's rules, consequences, and procedures.

**COS 251 Cosmetology Teacher Program**

8 Hours

Prerequisites: Concurrent enrollment in Cosmetology 250. Must have a valid Illinois cosmetology license with a minimum of 2 years full-time work experience within the last 5 years. Letters from clients, managers, etc., verifying 2 years experience.

16 hours weekly (0-16)

This course is designed to give the student information in practical and theoretical applications used in the classroom and laboratory, which are taught in COS 250, Instructional Strategies. Upon completion of the 256 clock hours, students can make application to the State Board of Cosmetology, Department of Professional Regulations for examination for Cosmetology Teachers License.

**COS 260 Cosmetology Review**

8 Hours

Prerequisites: Lapsed Cosmetology License  
16 hours weekly (0-16)

This course is designed as a refresher course for cosmetologists who need to renew their license or simply update their skills. This program is a compilation of topics covering the pertinent objectives necessary for the learner to accomplish in order to enter the work force.